



Eating disorders, general psychotherapy, nutrition and recovery

OFFICES:

67 South Bedford Road • Route 172
Mt. Kisco, NY 10549
Phone: 914-244-1904

1075 Central Park Ave • Suite 412
Scarsdale, NY 10583
Phone: 914-472-4019

99 Main Street • Suite 115
Nyack, NY 10960
Phone: 845-348-7660

INTERNET:

<http://www.cedarassociates.org>
Email: newsletter@cedarassociates.org

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Pivotal Moments of 2006
in the field of Eating Disorders



The Eating Disorder Foundation successfully launched a "first of its kind" **Town Hall Meeting** to broaden awareness & education of Eating Disorders



The EDC & Advocates Lobbied Congress regarding federal support for training healthcare personnel about obesity and eating disorders



Size 00 Models were banned from the runway this year in Spain & Brazil

We look forward to seeing more **ACTION** in 2007

News & Announcements:

We would like to announce our new group:

[12 Week Group for Bulimia Recovery](#)

[Jan 10, 2007: Youth University's Drug Awareness Day 2007, SUNY RCC](#)

Groups at CEDAR:

FREE MONTHLY SUPPORT GROUP FOR

family members, friends and partners of eating disorder sufferers

Next Meeting: Jan 20, 2007

[Support Group Info & Meeting Dates](#)

Quote of the Month:

"The groundwork of all happiness is health."
- Leigh Hunt

Dear Colleagues and Friends:

I was going to write a formal article for our January 2007 CEDAR Associates Review, but decided rather to bring in the new year in a letter format with some exciting news in the field of eating disorders.

Some of you may already know of the Eating Disorders Coalition, Inc. (EDC), a public policy organization in Washington, D.C. that is working "to increase awareness, educate policy-makers, and promote understanding about the disabling and life-threatening effects of eating disorders." Some of the goals of the EDC include:

- * Increasing federal support for improved access to treatment & professional training
- * Raise awareness among policymakers about eating disorders
- * Increase funding and support for scientific research on the causes, prevention and treatment of eating disorders.

CEDAR Associates is a member of the EDC. On December 13, 2006, I participated in a teleconference in which Marc Lerro, Executive Director of the EDC, and Jeanine Cogan, Policy Director of the EDC informed the members who participated in the teleconference of EDC's progress in their recommendations to Congress for the creation of a "Dream Bill for Eating Disorders."

"The Eating Disorders Dream Bill™ is a set of recommendations for national public policy in the United States. Leaders in eating disorder research, treatment, and prevention drafted the recommendations between 2004 and 2005. The EDC is working for the adoption of the dream bill recommendations." It is hoped that the language from the EDC's Recommendations will be turned into legislative language and ultimately be introduced as a Congressional Bill.

Some of the priorities that the Research, Treatment and Prevention & Education Recommendations include are obtaining accurate demographics and identification of persons at risk, costs for treatment, access to care, mortality, need for training and research centers, and prevention programs in schools. For more information about the EDC and a more detailed understanding of the recommendations for the "Eating Disorder Dream Bill", please visit their website at www.eatingdisorderscoalition.org

To read more of this letter from Judy, [please click on this link](#)